September is National Preparedness Month

National Preparedness Month is once again upon us! This year, the overarching theme is “Disasters Happen. Prepare Now. Learn How.” The theme encourages people to consider how we must prepare ourselves and our families at all times for emergencies. This includes learning new skills, making a kit, and how to take practical steps to keep you and your family safe.

This year’s theme also encourages people to be active participants in their own safety through preparedness. This includes learning skills to help themselves and their families, ensuring you have proper insurance coverage for all kinds of emergencies, and creating an emergency nest egg for yourself to protect you from the financial impacts of an emergency. Many emergencies may have extra costs that either insurance does not cover or costs that FEMA does not cover in a Federally Declared disaster.

Each week during September will have a separate goal to augment the overall theme for the month. Here are the themes for each week of National Preparedness Month:

- **September 1-8:** Make and Practice Your Plan
- **September 9-15:** Learn Life Saving Skills
- **September 16-22:** Check Your Coverage
- **September 23-30:** Save For an Emergency

Each week, the Office of Emergency Management (OEM) will post items on social media in support of these themes. The Kennesaw State Office of Emergency Management will be quite the busy beehive during September, as we have many activities going on during the month. We are holding classes on both campuses, hosting Campus Safety Day on the Marietta Campus (Kennesaw Campus will be in early October), and we will be participating in many preparedness activities to help improve our overall campus.

Speaking of training, a friendly reminder that the Office of Emergency Management offers a variety of training on campus. Most classes last 60-90 minutes. OEM will bring the classes to your department, office or building! Contact Christy Hendricks on the Kennesaw Campus at dhendr16@kennesaw.edu and Mike Guerrero on the Marietta Campus at mguerre8@kennesaw.edu for more information or to arrange a class!

Most Requested — **Civilian Response to Active Shooter Events** - 90 min.

**Bleeding Control** (Stop the Bleed) – Fall Semester Focus – 60 min.

**CPR/AED** — Renewed focus thanks to new budget year!

**Until Help Arrives** — Perhaps the most useful – 3 hrs.

Special Topic Class: **Behavioral Indictors of an Active Shooter** - 60 min.
Campus Fires by the Numbers

From 2011-2015, U.S. fire departments responded to an estimated annual average of 4,100 structure fires in dormitories, fraternities, sororities, and other related properties. These fires caused annual averages of 35 civilian injuries and $14 million in direct property damage.*

September and October were the peak months for fires in dormitory properties, and they are more common during the evening hours between 5 p.m. and 9 p.m.*

Cooking equipment was involved in nearly nine out of ten reported fires in dormitory-type properties (87%).*

Fire Safety

This year's campaign, "Look. Listen. Learn. Be aware. Fire can happen anywhere." works to educate people about three basic but essential steps to take to reduce the likelihood of having a fire, and how to escape safely in the event of one:

- **LOOK** for places fire could start. Take a good look around your home. Identify potential fire hazards and take care of them.
- **LISTEN** for the sound of the smoke alarm. You could have only minutes to escape safely once the smoke alarm sounds. Go to your outside meeting place, which should be a safe distance from the home and where everyone should know to meet.
- **LEARN** two ways out of every room and make sure all doors and windows leading outside open easily and are free of clutter.

Tips to Stay Safe On Campus

- **Trust your gut & be true to yourself.**
- **Take control of your online life.**
  - Be sure.
- **Make others earn your trust.**
  - Be aware & stay alert.
- **Make plans & be prepared.**
  - Party smart.
  - It’s okay to lie.
  - Be a good friend.

Go to RAINN for details: www.rainn.org
Emergency preparedness is everyone's responsibility. It is important to prepare now, before the emergency. Crisis Coordinators are a valuable part of the overall preparedness effort at KSU.

Thank you!

Julie Peterson, CBO

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Campus Safety Days

Top 10 Reasons to Attend

10. Meet some really cool firefighters.
9. Meet KSU's new Chief of Police.
8. Chance to win some gift cards!
7. Pain — Flu Shots!!!!
6. Play with a bomb robot.
5. Police will hand out “get out of speeding ticket” passes. (just kidding!)
4. Put out real fires!
3. Watch a mock residence hall room go up in flames!
2. Tour KSU's Mobile Command Center.

& the #1 Reason to Attend Campus Safety Day

1. Two Words — Dog Slobber!

Campus Safety Day
September 6, Marietta
October 9, Kennesaw
Who has time to get the flu? Getting the flu can be nasty, but it can also put you behind in your work or studies! Flu symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people also may have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without a fever.

The CDC Says “Take 3” Actions to Fight the Flu:

**Take time to get a flu vaccine.** CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses. Flu vaccination can reduce flu illnesses, doctors’ visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations.

**Take everyday preventive actions to stop the spread of germs.** Try to avoid close contact with sick people. While sick, limit contact with others as much as possible to keep from infecting them. If you are sick with flu symptoms, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine.) Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. **Wash your hands** often with soap and water. If soap and water are not available, use an **alcohol-based hand rub**. Avoid touching your eyes, nose and mouth. Germs spread this way. Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

**Take flu antiviral drugs if your doctor prescribes them.** If you get the flu, antiviral drugs can be used to treat your illness. Antiviral drugs are different from antibiotics. They are prescription medicines (pills, liquid or an inhaled powder) and are not available over-the-counter. Antiviral drugs can make illness milder and shorten the time you are sick. They may also prevent serious **flu complications**. Studies show that flu antiviral drugs work best for treatment when they are started within 2 days of getting sick, but starting them later can still be helpful, especially if the sick person has a **high risk factor** or is very sick from the flu. Follow your doctor’s instructions for taking this drug.

So now is the perfect time to protect ourselves by getting flu shots. Students can get free flu shots at Kennesaw State University’s health clinics provided by the Student Health Services. Faculty and staff are encouraged to their medical provider or neighborhood pharmacy for their flu shot. Remember, flu shots will be available at both Campus Safety Days!
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HOW WILL I KNOW IF CAMPUS IS OPEN, CLOSED OR DELAYED?

Check the following resources to determine whether the University is open, closed or delayed due to inclement weather.

Web:
www.kennesaw.edu
oem.kennesaw.edu

The Campus Advisory Page
www.kennesaw.edu/advisories

Twitter
www.twitter.com/kennesawstate
www.twitter.com/ksuoem

Facebook
www.facebook.com/KennesawStateUniversity
www.facebook.com/kennesawstateOEM

Local Media Outlets
www.cbs46.com
www.wsbtv.com

On Campus emergencies call: (470) 578-6666
Off Campus emergencies call: 911
Non-emergencies call: (470) 578-6206

Personal safety should always be #1. If you do not feel safe to travel, don’t.

Kennesaw State University
Office of Emergency Management
Phone: (470) 578-6985 | Web: oem.kennesaw.edu | Email: oem@kennesaw.edu
OEM Training Update

Offering Over 20 classes! We will bring them upon request.

Most Requested — Civilian Response to Active Shooter Events (CRASE)

Bleeding Control (Stop the Bleed) — August Focus

CPR/AED — Renewed Focus thanks to new budget year!

Until Help Arrives — Perhaps the most useful

Special Topic Class: Behavioral Indictors of an Active Shooter — New Class