

CRISIS COORDINATOR COMMUNIQUE

JUNE 2020

Featuring...

- LiveSafe Update
- Coping with COVID-19
- Hurricane Season

...and more!



**KENNESAW STATE
UNIVERSITY**

OFFICE OF EMERGENCY MANAGEMENT

IMPORTANT DATES

- June 1st - November 30th
- Hurricane Season

SAVE THE DATES

- Crime Prevention 101 Training via Teams is June 16th from 2:00pm - 3:00pm
(email Mike Guerrero to sign up)
- Behavior Indicators of an Active Shooter is June 23rd from 2:00pm - 3:00pm
(email Mike Guerrero to sign up)
- Civilian Response to an Active Shooter June 30th from 2:00pm - 3:00pm
(email Mike Guerrero to sign up)

Remote is Worth the Work!

We're continuing to offer a variety of emergency preparedness classes on Tuesday afternoons, and will continue to do so throughout the Fall Semester. We hope to offer blended classes as well - limited people in the classroom, while others attend remotely. Expect some COVID specific classes next month! Contact Mike if you want to attend any of the classes, or if you have other ideas for classes!

The concept of remote training is not new, but during these interesting times, seem to be appreciated.

[See the short article](#) written by Mike and Andy if bored and interested!



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LIVESAFE HAS A NEW LOOK

Check out the new LiveSafe configuration!

After discussing with various campus stakeholders, it was recommended that we change from a “push the button” to “scrolling” configuration to catch up with the times!

We will be updating the emergency response documents over the summer, so any suggestions would be appreciated.

<https://livesafe.kennesaw.edu/index.php>



LiveSafe®

THE BEST PLACE TO KEEP A TOURNIQUET

First responders, including KSU Police Officers, carry a tourniquet with them while on duty. The Office of Emergency Management has tourniquets in their departmental vehicles, and a cache in the Critical Incident Response Trailer (CIRT), which is present at large special events (Football, Graduations, etc). But, what about you? Where should you carry your tourniquet? Here are some considerations that from RCR Medical, who provides a wide variety of tourniquets.

1. In Your Car

Many people place a small first aid kit in the trunk or glove compartment. Unfortunately, many of these are missing a tourniquet, which is the one piece of equipment that could save your life or limb in a car wreck. First aid kits must include a tourniquet as it is considered essential life-saving gear. Consider adding one to your current car first aid kit or purchasing one that already consists of a tourniquet.

2. At Home Medicine Cabinet/Medical Kit

A tourniquet should also be considered for your at-home medicine cabinet or medical kit. Make sure your entire family knows where to locate it and how to use it in case of an emergency.

3. In Your Garage

Many people work with power tools in their garage. Accidents frequently happen, and it is especially important to have a tourniquet nearby and easily accessible—having to run to your car or back inside wastes precious time in which you don't have in a life-threatening situation.

-- more --

THE BEST PLACE TO KEEP A TOURNIQUET

4. Work Desk

It is a good idea to keep a tourniquet in your work desk. Regardless of where you work, we highly recommend keeping a tourniquet nearby so you can react to the worst-case scenario.

5. On Heavy Duty Equipment

If you have a chainsaw, tractor, snowblower, lawnmower, or other large machinery, consider keeping a tourniquet strapped to this equipment. We have heard too many tragic stories of accidents happening when a tourniquet could have saved someone's life or limb but was regrettably not nearby.

Not everyone goes to such measures -- if nothing else, OEM recommends having one in your car. Also, remember there is a Combat Application Tourniquet (CAT) in each ground and first floor AED box on campus. And, if you haven't already, make sure you take the Stop the Bleed class that's offered on campus by Cobb Fire a couple of times each semester.

COPING WITH COVID-19

Our Nation has come together to tackle the spread of COVID-19 and deal with the vast amount of changes in our lives. Staying at home and practicing social distancing have helped stop the spread but may cause feelings of anxiety and isolation. Everyone reacts differently to stress. How you respond to the outbreak can depend on your background, the things that make you different from other people, and the community where you live.

Consider taking the following steps recommended by the [Centers for Disease Control and Prevention](#) (CDC) to help take care of yourself and reduce stress for you and others:

- Take care of your physical and [mental health](#). Take deep breaths, stretch, or meditate. Try to [eat healthy, well-balanced meals](#), [exercise regularly](#), and [get plenty of sleep](#).
- Take breaks from watching, reading, or listening to news stories, including social media.
- Make time to unwind. Try to do some activities you enjoy.
- Connect with others while practicing social distancing. Talk with people you trust about your concerns and how you are feeling.
- Share accurate information about [COVID-19](#), and understand the actual risk that you and the people you care about face.
- Call your healthcare provider if stress gets in the way of your daily activities for several days in a row.

For more information and resources on coping with COVID-19 and dealing with stress and anxiety, please visit the websites listed below:

[CDC](#)

[ADAA](#)

[KSU](#)

[Source.](#)

SUMMER SAFETY TIPS

Summer is almost upon us (June 20). Even if your community has not experienced hotter weather yet, there are ways you can stay safe and cool when warmer temperatures arrive.

Here are some tips on staying cool and safe during extreme heat:

1. Be familiar with your local weather forecast by visiting www.weather.gov or mobile.weather.gov on your phone
2. Cover windows that receive morning or afternoon sun with drapes, shades, awnings, or louvers. (Outdoor awnings or louvers can reduce the heat that enters a home by up to 80 percent.)
3. Eat well-balanced, light, and regular meals. Avoid using salt tablets unless directed to do so by a physician.
4. Drink plenty of water and limit intake of alcohol. Persons who have epilepsy or heart, kidney, or liver disease; are on fluid-restricted diets; or have a problem with fluid retention should consult a doctor before increasing liquid intake.
5. Check on family, friends, and neighbors who do not have air conditioning and who spend much of their time alone. Never leave children or pets alone in closed vehicles.
6. Avoid strenuous work during the warmest part of the day. Use a buddy system when working in extreme heat and take frequent breaks.

Hotter weather also affects pets, so remember to give them plenty of water and keep them inside. Check out Ready.gov for more tips on getting prepared, for any emergency.

TRAINING ANNOUNCEMENT

Every Tuesday, beginning May 19th thru June 30th , the Office of Emergency Management will be conducting virtual classes.

All classes will be conducted using MS Teams beginning at 2pm. Please email **Mike** (mguerre8@kennesaw.edu) if interested and specify which class you want to sign up for.

June 9 – Suspicious Behavior and Reporting

June 16 – Crime Prevention 101

June 23 – Behavioral Indicators of an Active Shooter

June 30 – Civilian Response to Active Shooter Events (CRASE)

Cleaning for COVID

Your health is important to us! This short, remote class provided by KSU Environmental Health and Safety, will provide specific cleaning suggestions for your work area. Questions and suggestions on what to clean and specific cleaning advice based on the disinfectant provided by KSU. Please email Mike Guerrero at mguerre8@kennesaw.edu if you would like to attend the classes offered on:

Friday, June 19th at 10:00am

Tuesday, July 7th at 2:00pm

Wednesday, August 4th at 2:00pm

Classes will be conducted via MS Teams.

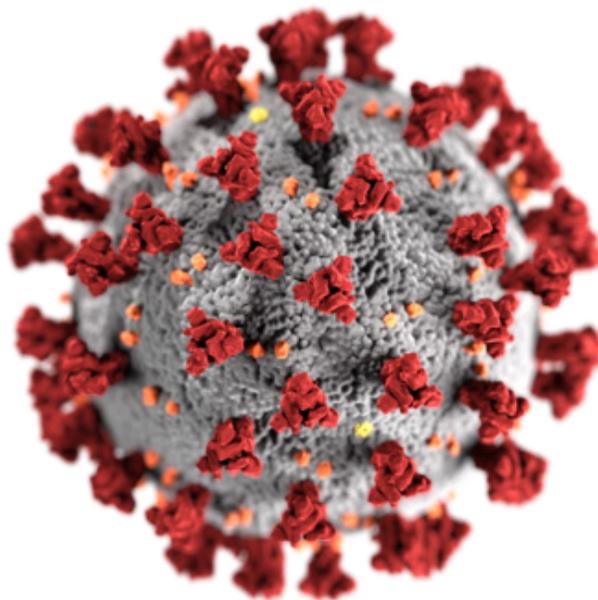
COVID AWARENESS TOOLKIT

Kennesaw State University's Environmental Health and Safety (EHS) worked closely with the Office of Strategic Communications and Marketing on a variety of COVID-19 flyers. Many of these flyers are being put up around campus this week!

As you return to campus, please use the tool kit to add signage that may be missing in your area.

Anything we can do to encourage others to practice good hygiene, social distancing, etc. will continue to be helpful.

To view the full list of flyers, [click here](#).



HURRICANE SEASON IS HERE

... and OEM is ready to help campus respond!

As Sean Connery said in the movie *The Rock*, “Welcome to The Rock.” So today, we are saying “Welcome to Hurricane Season.” Hurricane season officially began June 1st and, so far, we have had an active start with three named storms – one of which made landfall in South Carolina and another which made landfall in Louisiana. As we mentioned in last month’s newsletter, we are anticipating a very busy Hurricane Season.

At Kennesaw State, we are mostly concerned with the residual effects of a tropical system – heavy rainfall, strong winds, and the possibility of brief tornadoes embedded in the outer bands of a tropical cyclone. We continuously monitor advisories issued by the National Hurricane Center (nhc.noaa.gov) and prepare for potential impacts a storm could bring to our area. If a storm begins to look like it could directly or indirectly impact Kennesaw State, we begin to send advisories to many of our stakeholders on campus – including you as a Crisis Coordinator! As the storm progresses, we may even pull together a meeting or two with campus personnel who would be expected to play a role in a response – such as Housing and Residence Life, Facilities, Landscaping, Parking and Transportation, University Police, Academic Affairs, and many others.

The Office of Emergency Management has cultured a strong relationship with our local National Weather Service office in Peachtree City and has regular conversations with them, especially as it related to potential hurricane impacts this time of year. We utilize the expertise of our NWS partners as well as other tools of the trade that we have at our disposal, such as a “meteorologist on call” with a subscription weather-monitoring service and programs such as HURREVAC, which is maintained by NOAA and the US Army Corps of Engineers as a clearinghouse for a tremendous amount of data related to each storm – past and present. We take all of this information into consideration when making recommendations to University leadership regarding any response that may be necessary to a tropical system that is headed our way.

SUMMER HEAT

Every year, Memorial Day marks the “unofficial” start to summer. We usually see stark increases in people taking vacation, going to the beach, and spending more time outdoors. This year, COVID has thrown at least a small wrench in the usual expectations.

Additionally, we are in Georgia, after all. The sweltering heat can force many of us back indoors due to underlying health conditions exacerbated by the heat or just because we don’t enjoy being hot and sticky.

The National Weather Service has produced a helpful chart that shows how heat index figures relate to the combination of temperature and relative humidity. This chart also provides some basic guidelines as we reach certain levels within the heat index chart regarding the danger of heat-related injuries, such as heat exhaustion and heat stroke.

Next month, we will go more in depth into those two heat injuries.

HEAT INDEX °F (°C)													
The heat index is an accurate measure of how hot it really feels when the affects of humidity are added to high temperature.													
Temp.	RELATIVE HUMIDITY (%)												
	40	45	50	55	60	65	70	75	80	85	90	95	100
110 (47)	136 (58)												
108 (43)	130 (54)	137 (58)											
106 (41)	124 (51)	130 (54)	137 (58)										
104 (40)	119 (48)	124 (51)	131 (55)	137 (58)									
102 (39)	114 (46)	119 (48)	124 (51)	130 (54)	137 (58)								
100 (38)	109 (43)	114 (46)	118 (48)	124 (51)	129 (54)	136 (58)							
98 (37)	105 (41)	109 (43)	113 (45)	117 (47)	123 (51)	128 (53)	134 (57)						
96 (36)	101 (38)	104 (40)	108 (42)	112 (44)	116 (47)	121 (49)	126 (52)	132 (56)					
94 (34)	97 (36)	100 (38)	103 (39)	106 (41)	110 (43)	114 (46)	119 (48)	124 (51)	129 (54)	135 (57)			
92 (33)	94 (34)	96 (36)	99 (37)	101 (38)	105 (41)	108 (42)	112 (44)	116 (47)	121 (49)	126 (52)	131 (55)		
90 (32)	91 (33)	93 (34)	95 (35)	97 (36)	100 (38)	103 (39)	106 (41)	109 (43)	113 (45)	117 (47)	122 (50)	127 (53)	132 (56)
88 (31)	88 (31)	89 (32)	91 (33)	93 (34)	95 (35)	98 (37)	100 (38)	103 (39)	106 (41)	110 (43)	113 (45)	117 (47)	121 (49)
86 (30)	85 (29)	87 (31)	88 (31)	89 (32)	91 (33)	93 (34)	95 (35)	97 (36)	100 (38)	102 (39)	105 (41)	108 (42)	112 (44)
84 (29)	83 (28)	84 (29)	85 (29)	86 (30)	88 (31)	89 (32)	90 (32)	92 (33)	94 (34)	96 (36)	98 (37)	100 (38)	103 (39)
82 (28)	81 (27)	82 (28)	83 (28)	84 (29)	84 (29)	85 (29)	86 (30)	88 (31)	89 (32)	90 (32)	91 (33)	93 (34)	95 (35)
80 (27)	80 (27)	80 (27)	81 (27)	81 (27)	82 (28)	82 (28)	83 (28)	84 (29)	84 (29)	85 (29)	86 (30)	86 (30)	87 (31)

Category	Heat Index	Possible heat disorders for people in high risk groups
Extreme Danger	130°F or higher (54°C or higher)	Heat stroke or sunstroke likely.
Danger	105 - 129°F (41 - 54°C)	Sunstroke, muscle cramps, and/or heat exhaustion likely. Heatstroke possible with prolonged exposure and/or physical activity.
Extreme Caution	90 - 105°F (32 - 41°C)	Sunstroke, muscle cramps, and/or heat exhaustion possible with prolonged exposure and/or physical activity.
Caution	80 - 90°F (27 - 32°C)	Fatigue possible with prolonged exposure and/or physical activity.

STAY CONNECTED

FOR MORE INFO

To learn more about the Office of Emergency Management, please visit <https://oem.kennesaw.edu/>.

FOLLOW US!



/kennesawstateOEM



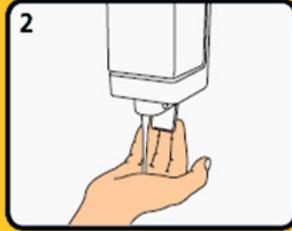
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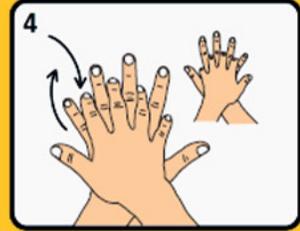
We are the owls



**And we bring the
flight,**



**All through the
South-land,**



**All know our
might!**

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WASH YOUR HANDS

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue,
then throw the tissue
in the trash.



Clean and disinfect frequently
touched objects and surfaces.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick,
except to get medical care.



Wash your hands often with soap
and water for at least 20 seconds.



[cdc.gov/COVID19](https://www.cdc.gov/COVID19)