



Planning: Home & Work Planning: Emergency Kits Evolution of Emergency Management Planning: Summer Trip Safety

Planning: Pet Preparedness

Preparing the Parliament is a monthly production of the KSU Department of Public Safety, Office of Emergency Management. This publication is provided to prepare students, faculty, and staff to be ready for and respond to potential emergencies and disasters which may occur on our campuses.

The Director's Desk

James Westbrook Director of Emergency Management

For us in Emergency Management, preparedness is probably the most important aspect of our role. Preparedness allows us to have plans in place to deal with any issues that arise. Preparedness allows us to have the resources needed to respond to and recover from all of the events we could face. Preparedness is the foundation from which most other aspects of emergency management are built.

Preparedness isn't easy. Preparedness takes dedication, it takes depth of thought, it takes being the "bad guy" sometimes. It takes playing the role of thinking about worst case scenario. It takes thinking about how something could go badly. It can be an exhausting mindset to have. It can, honestly, be anxiety gone rogue.

If anyone has seen Inside Out 2 (spoiler alert!), you have seen the positives and negatives of anxiety and how constantly thinking of the worst case scenario can be detrimental. So we also have to look at what is reasonable. Can KSU be hit by an asteroid? Yes. Is that something we have in our plans? No. Why not? Because it isn't reasonable. So we look at preparedness from an all-hazards perspective. We would drive ourselves crazy if we tried to plan for anything that could possibly happen. Instead, we put plans and processes in place that can be adapted to whatever may happen. That is the key – make sure we are properly prepared to deal appropriately with what our campus could face and be nimble and flexible enough to adapt to the situation. Preparedness is basically what we can do to maximize adaptability and flexibility during an emergency.



We want to thank Cody Doyle, our Part-time Emergency Management Specialist, for his two years of service and support in the Office of Emergency Management. Cody will be leaving KSU on July 5th, as he has earned a promotion to Sergeant at the Cherokee County Fire Department.

We are very happy for Cody and very sad for ourselves to be losing such a valuable teammate. Cody has managed our logistics the last couple of years, including maintaining our response equipment, taking responsibility for our vehicle maintenance, and managing our warehouse operations. Cody has been very much a "behind the scenes" force for us in the Office of Emergency Management and we will miss his wit, hard work, and the smile he brought into the office every day.

PERSONAL PLANNING: HOME AND WORK

Christy Hendricks
Continuity Planner

The Office of Emergency Management strives to spread the message of personal preparedness. We consider it part of the Planning/Preparedness phase of emergency management. We host numerous classes, conduct exercises and drills, and post tips on social media to help people get prepared. Preparedness activities should occur before an emergency. In our line of work, we prefer to plan on the "blue sky" days instead of when an emergency occurs; however, we can become better prepared after an emergency because we learn from those experiences.

As we go about our daily lives, we often take for granted the safety and security of our homes and workplaces. When unexpected (or even expected) emergency events happen, it's essential to be prepared. Having a personal emergency plan in place can help you respond quickly and effectively. Here are some tips for creating a home and workplace emergency plan:

Identify Emergency Contacts

- Family members' phone numbers
- Neighbors' phone numbers
- Local emergency services (911 or equivalent)
- An out-of-town check in person in case local phone lines are down.

Plan for Evacuation

Identify at least two escape routes from each room in your home and designate a meeting spot outside the home where family members can gather in case of an evacuation, then practice it!

Stay Informed

Stay up-to-date with local emergency alerts, weather forecasts, and news to stay informed about potential threats. Follow us on social media!

Know Your Emergency Procedures

Familiarize yourself with building emergency procedures (evacuation routes, shelter-in-place locations, emergency contact numbers, and the location of fire extinguishers). Ask a Crisis Coordinator if you need more information.

Stay Prepared

Keep a small emergency kit at your workspace with essentials like a first aid kit, flashlight, and a phone charger.





PERSONAL PLANNING: BUILDING KITS

Christy Hendricks
Continuity Planner

Home Emergency Kit

- First aid supplies
- Flashlights and batteries
- Water (at least 1 gallon per person per day)
- Non-perishable food
- Blankets and warm clothing
- Important documents (e.g., insurance policies, identification)
- Cash and credit cards
- Any other items your family may need on a day-to-day basis (medicine, diapers, formula, pet supplies, etc.)



Workplace Emergency Kit

Think about being unable to leave work for 24+ hours. What would you like to have on hand?

- Change of clothes/shoes
- Phone charger
- Blanket and a pillow
- Snacks
- First aid kit
- Flashlight



Car Emergency Kit

Build an emergency car kit: Imagine being stuck in your car for several hours or even days!

Include things such as:

- First aid supplies
- Jumper cables
- Phone charger
- Pocket knife/multi-tool
- Flashlights
- Batteries
- Water
- Snacks (such as granola bars)
- Non-perishable food
- Cat litter for tire traction
- A sturdy pair of shoes
- Blankets/gloves/scarf/hat
- · Road flares
- Tow rope
- Shovel/ice scraper

Additional Tips

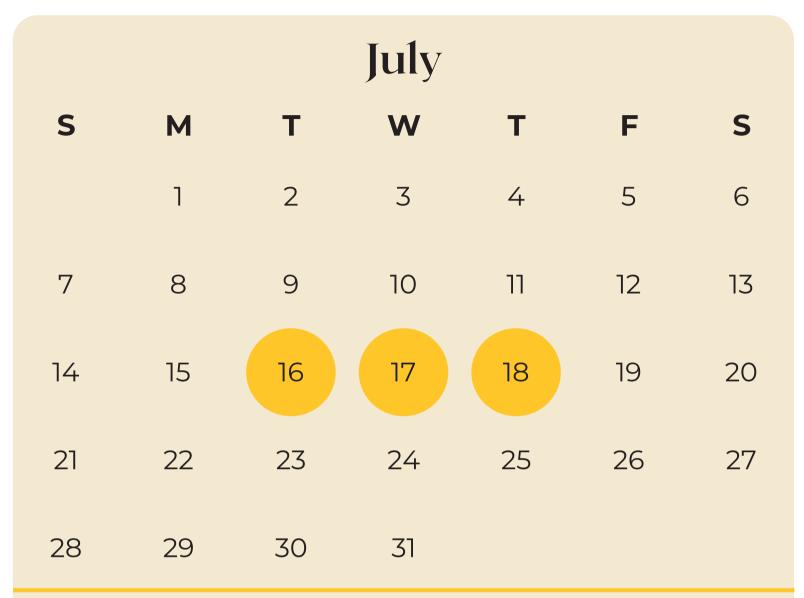
Stay informed about potential threats by monitoring local news, weather forecasts, and government alerts, and, of course, your friends in Emergency Management.

Practice your emergency plans by conducting regular drills at home and work to ensure everyone knows what to do in case of an emergency.

Review and update your emergency plans regularly to

ensure they remain effective and relevant. Different seasons require different needs. **Communicate** your emergency plans with family members and coworkers to ensure everyone is on the same page.

Upcoming Training Opportunities



16 CPR/AED Basic Life Support Chastain Pointe Suite 312 | 10AM-12:30PM

17 CPR/AED Basic Life Support Chastain Pointe Suite 312 | 12PM-2:30PM

18 CPR/AED Basic Life Support Norton Hall Police Precinct Conference Room | 12PM-2:30PM

All courses are **free** for KSU students, faculty, and staff!

Register here!

THE EVOLUTION OF EMERGENCY MANAGEMENT

Wayne Randle Emergency Management Coordinator

One of the benefits of beginning a public service career while Nixon was in office is seeing the progress of emergency management over 50 years. Emergency management began to see modern day development in 1916 with the establishment of "Council of National Defense" in response to World War I. World War II brought forth the "Office of Civilian Defense." The main responsibility was to prepare the country for a nuclear attack. From the 50's to modern day, the name of emergency management changed 14 times, was housed in the Office of the President, Department of Defense, independent agency, and back again. Talking about your basic identity crisis, I recall when we used to not put any logo or letterhead on our correspondence in fear of a name change. With each change, and each administration, emergency management was reinvented.

My first emergency management response was the Brent Tornado in May of 1974. Our Disaster Response Group (DRG) out of Tuscaloosa County responded and placed search lights up and down the street so medical responders could go through the rubble and search for survivors. My early years saw the transition from war preparedness to an all-hazards approach. Leaders went from military to civilians and fallout shelters began to close, replaced by an agency who planned for any emergency or disaster. It was realized that the shelter for an attack was the same shelter after a flood. So, the industry began to again reinvent itself from a war footing to a civilian-run all-hazards program responsible for mitigating dangers, preparing both KSU campuses to know what to do in different emergencies, to responding to emergencies with a robust response capability, and developing plans to continue operational continuity and recover from emergencies.

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From the times of "Bert the Turtle" who taught us to "Duck and Cover" when we saw a big flash, to today where emergency management mitigates, prepares, responds, and recovers, the theme has always been the same: to help you survive.

PERSONAL PLANNING: SAFETY ON SUMMER TRIPS

Cody Doyle Emergency Management Specialist

As the summer sun beckons, families across the globe eagerly plan their adventures. Whether it's a road trip to the coast or a camping expedition in the mountains, safety should always remain a top priority. Here is a guide to ensure your family's summertime escapades are both thrilling and secure:

Before embarking on your journey, map out your route and identify rest stops, gas stations, and accommodations along the way. Inform a trusted friend or family member of your itinerary and expected arrival times.

Ensure your vehicle is equipped with emergency essentials such as a first-aid kit, flashlight, spare tire, and necessary tools. Pack plenty of water, non-perishable snacks, and any medications your family members might need.

Shield your family from harmful UV rays by packing sunscreen with a high SPF rating. Encourage everyone to wear hats, sunglasses, and lightweight clothing that covers exposed skin. Remember to reapply sunscreen every few hours, especially after swimming.

Heat-related illnesses are common during summer travel. Keep your family hydrated by drinking plenty of water throughout the day, even if you don't feel thirsty. Opt for light and nutritious snacks to maintain energy levels.

If you're traveling by car, ensure the air conditioning is functioning properly. During stops, seek shaded areas and avoid leaving children or pets unattended in hot vehicles, even for a short period.

Whether you're at the beach, lake, or pool, always supervise children closely around water. Ensure everyone wears appropriate flotation devices if needed and familiarize yourself with local water conditions and regulations.

In wooded or grassy areas, protect against insect bites by using insect repellent and wearing long-sleeved clothing. Check for ticks after spending time outdoors, especially if you've been hiking or camping.

Practice safe driving habits by obeying speed limits, wearing seat belts, and refraining from distracted driving. Take regular breaks to combat driver fatigue and switch drivers if possible.

Familiarize yourself with local emergency services and medical facilities at your destination. Keep a list of emergency contacts handy and know how to reach local authorities in case of an emergency.

Above all, encourage a spirit of adventure while prioritizing safety. Embrace spontaneous moments and create lasting memories, but always assess risks and make informed decisions to safeguard your family's well-being.















When disaster strikes, our pets are just as vulnerable as we are. Whether it's a natural calamity like a hurricane or a sudden evacuation, having a plan in place for your pets can make all the difference in their safety and well-being. Here are some essential tips to ensure your pets are prepared for emergencies:

SAFETY TIPS



Ensure your pets wear collars with up-to-date identification taas. Include your name. phone number, and any pertinent medical information.



Have recent photos of your pets, both printed and digital, in case they get lost.



pet-friendly Research hotels or shelters ahead of time, as not all emergency shelters accept pets.



Identify friends or family outside your immediate area who could shelter your pets if needed.



Keep a list of emergency contacts including your veterinarian, local animal shelters, and pet-friendly hotels or shelters.



Regularly practice evacuation procedures with your pets so they become familiar with the process.



Use treats and positive reinforcement encourage cooperation during drills.



informed potential disasters in your area through local news and weather alerts.



Prepare a pet emergency kit that includes:

- Food and water for at least 3-5 days
- Medications and medical records stored in a waterproof container
- Pet first aid kit
- Extra leash. collar/harness, and carriers
- Blankets, toys, and familiar items for comfort



Tailor your emergency plan to the specific needs of your pets, whether they are cats, dogs, birds, or small animals.



Monitor your pets for signs of stress or illness following the emergency.

Meet the Team!



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